## Manners First Ed Cation Initiative

A Vision That Exposes All Students to Success





## C.L.A.S.S. College and Career Guideo

By

**Manners First Education Initiative and Partners** 



"There is nothing in a caterpillar that tells you it's going to be a butterfly." Manners First-Celebrating 24 Years and Beyond-To God Be All The Glory!



## **Table of Contents**

Yes, You Can - Please READ	3
Introduction	4
What's New?	6
7 Facts You Should Know	7
SAT vs. ACT the difference	8
Fee Waivers Eligibility	9
Important SAT/ACT Test Dates	
***Use The C.L.A.S.S. Notes Form On The Back/Next page of Each To-Do-Activities For Your Notes.	
August To-Do-Activities	14
September To-Do-Activities	
October To-Do-Activities	
November To-Do-Activities	
December To-Do-Activities	
January To-Do-Activities	19
February To-Do-Activities	
March To-Do-Activities	21
April To-Do-Activities	22
May/June/July To-Do-Activities	23
College Forms To-Do-Activities	
Very Important Websites To-Do-Activities	
Hip Hop and Music - Relax To-Do-Activity	
Partners	31
Final Thoughts	32
Contact	

## Dear Josh,

# Our Beloved Father said it and We believe what HE Said.

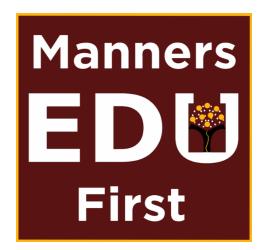
## Jeremiah 29:11 The Message Bible.

**11-**I know what I'm doing. I have it all planned out - plans to take care of you, not abandon you, plans to give you the future you hope for.

## Luke 10:19 King James Version (KJV)

**19-** Behold, I give unto you power to tread on serpents and scorpions, and over all the power of the enemy: and nothing shall by any means hurt you.

### Thank you, Thank you Beautiful Father in Jesus Name Amen Amen



## Can I?

#### "Your Life Has a Meaningful Purpose"

#### Dear CJ, Hannah, Josh...

You were created for GREATNESS and to do good work. Your life has a purpose. No matter what you face in life, you are destined for success. If you fail at one of your goals, revise your plan, and try another one. Believe in yourself and watch what happens!

Remember the story of "The little Engine That Could" (if not, read it today). Recall how "The Little Engine That Could" did not allow fear or what others thought about her abilities to stop her from trying. When the mountain of a challenge appeared, she did not think about her inabilities, but her abilities to take on the task. In fact, she immediately, in her heart and mind, believed in herself.

Yes, there will be individuals who will say, "You will never make it; you are not qualified; you are incapable of performing or completing this task." The key to life is not to rehearse negative opinions in your mind to the point that you become afraid and give up. Believe in yourself. Remember, you are created for GREATNESS! The challenges you will face in your life are there to teach you patience and tolerance. Ultimately, these characteristics will give you more hope and confidence for the next bigger challenges you will face.

Be like "The Little Engine That Could." Do not allow fears, doubts, obstacles, circumstances, and people to stop you from climbing and crossing over your mountain. Your goals and dreams are achievable. Start your engines and go for it. You can do it! Yes, you can. Yes, you can.

Sincerely,

Dad

**P.S.** "If a man is called to be a street sweeper, he should sweep streets even as a Michelangelo painted, or Beethoven composed music or Shakespeare wrote poetry. He should sweep streets so well that all the hosts of heaven and earth will pause to say, 'Here lived a great street sweeper who did his job well." *Rev. Martin Luther King, Jr.* 



## Introduction



#### The Purpose of C.L.A.S.S is to expose all students to success by increasing

graduation/completion rates of high school and post-secondary vocational, certificate and licensure and college and university degree programs. C.L.A.S.S. encourages, supports, and creates college and career opportunities for all students, including those that are economically disadvantaged, diagnosed with a learning disability, and/or at-risk

#### Academic, Social, and Career Development

C.L.A.S.S. helps prepare students for college and the world of work. Students and parents/guardians in C.L.A.S.S. receive support with career assessment, test prep, admissions, scholarships and financial aid, employability and independent living skills, financial literacy, entrepreneurship and the development of individualized career portfolios, success plans, and IEP goals.

- <u>The C.L.A.S.S. College Guide</u> (also available in Spanish) offers easy to follow monthly
  activities designed to prepare, motivate, encourage, and support students in every step of
  the college admissions process.
- <u>C.L.A.S.S. Social Development</u> focuses on teaching students to demonstrate respect for self, for others, and for learning – The Manners First motto.
- <u>C.L.A.S.S. Curriculum</u> Students who participate will:
  - Be taught by experienced school counselors, certified teachers, professors and business and trade professionals
  - o Academic support, study and test-taking skills
  - Develop individualized and personal college and career skills, career Portfolios, IEP goals, resumes, and Student Success Plan
  - o Receive 1:1 mentoring to support their unique needs
  - Social Development: Take a promise pledge to demonstrate respect for self, for others, and for learning
  - o Career Development: Explore personal interests, goals, and talents
  - Learn employability and independent living skills along with financial literacy
  - Identify colleges, careers, and entrepreneurship that are best suited to the student's academic strengths and personal interests
  - Participate in a career/college/job fair, and college tours
  - Review academic and testing records and provide guidance on tests, including the SAT, ACT, AP, SAT, SAT II, ACT, Test of English as a Foreign Language-TOEFL, state and school assessments, and ASVAB
  - Prepare for college and job interviews and learn job and college application skills
  - o Review financial aid, FAFSA, and scholarship options
  - o Prepare essays that can be used for colleges of choice
  - Develop an application strategy to increase college acceptance and employability possibilities
  - Receive weekly social and career challenges

Learning Outcome: The C.L.A.S.S. Programs meet the requirements of the American School Counselor Association – ASCA Standards: Please see next page. Parents/guardians and community members are invited and encouraged to participate.



#### **ASCA Mindset and Behavior**

#### Mindset Standards

#### School counselors encourage the following mindsets for all students.

- 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being
- 2. Self-confidence in ability to succeed
- 3. Sense of belonging in the school environment
- 4. Understanding that postsecondary education and life-long learning are necessary for long-term career success
- 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes
- 6. Positive attitude toward work and learning

Learning Strategies	Self-Management Skills	Social Skills
Demonstrate critical-thinking skills to make informed decisions	Demonstrate ability to assume responsibility	Use effective oral and written communication skills and listening skills
Demonstrate creativity	Demonstrate self-discipline and self-control	Create positive and supportive relationships with other students
Use time-management, organizational and study skills	Demonstrate ability to work independently	Create relationships with adults that support success
Apply self-motivation and self-direction to learning	Demonstrate ability to delay immediate gratification for long-term rewards	Demonstrate empathy
Apply media and technology skills	Demonstrate perseverance to achieve long- and short-term goals	Demonstrate ethical decision-making and social responsibility
Set high standards of quality	Demonstrate ability to overcome barriers to learning	Use effective collaboration and cooperation skills
Identify long- and short-term academic, career and social/emotional goals	Demonstrate effective coping skills when faced with a problem	Use leadership and teamwork skills to work effectively in diverse teams
Actively engage in challenging coursework	Demonstrate the ability to balance school, home and community activities	Demonstrate advocacy skills and ability to assert self, when necessary
Gather evidence and consider multiple perspectives to make informed decisions	Demonstrate personal safety skills	Demonstrate social maturity and behaviors appropriate to the situation and environment
Participate in enrichment and extracurricular activities	Demonstrate ability to manage transitions and ability to adapt to changing situations and responsibilities	

#### **Financial Literacy**

Financial literacy classes/workshop will teach students how to make informed judgments and effective decisions about the use and management of their money now and for the future.

#### **Manners First Motto**

Teaches students how to demonstrate respect for self, for others, and for learning. Each student participating in C.L.A.S.S. will take a promise pledge; a signed declaration to demonstrate respect for *self, for others, and for learning.* Students also promise not to drop out of school or stop learning. Additionally, students will be required to participate in our R.E.S.P.E.C.T. contest.

**C.L.A.S.S** - initiative has received recognition and praise from parents/guardians, students, teachers, schools, college admissions counselors, businesses, and community leaders. \*C.L.A.S.S. meets the requirements of The American School Counselor Association-ASCA.

#### Share All Information with Your Parents/guardians.





"There is nothing in a caterpillar that tells you it's going to be a butterfly."

Manners First Education Initiative C.L.A.S.S. College Guide www.mannersfirst.org A Vision That Exposes All Students to Success

C.L.A.S.S. Notes

